

Beamont Collegiate Academy PSCE Department Yearly Plan 2015-16						
WK	Year 7	Year 8	Year 9	Year 10	Year 11	Additional PSCE bespoke sessions
1	Welcome back	Welcome back	Welcome back	Welcome back	Welcome back	Welcome back assembly
<b>HEALTH &amp; WELLBEING PART 1</b>						
2&3	Being Healthy Food nutrients Healthy and nutritious food & drink choices Food labels Meals 5-A-Day	Being Healthy Food nutrients Healthy and nutritious food & drink choices Food labels Meals 5-A-Day	Body image Positive & negative body image? The media	Stress and depression	Mental Health  Risky behaviour What are the possible risks? How can we reduce risk taking amongst teenagers?	SLT assembly on resilience for all year groups
4&5	Physical activity Leisure time Energy drinks and the risks	Physical activity Leisure time Energy drinks and the risks	Too much too soon. Teenage case studies.	Eating disorders and self-image	Making the right choice  The long and short-term consequences when making decisions about personal health. Resisting unhelpful pressure relating to risky behaviour.	
6+7	Reflection time Bad habits (food, drink and physical activity)	Reflection time Bad habits (food, drink and physical activity)	Body Weight, Exercise and a Healthy Diet Eating disorders Physical activity Healthy diet	Sun exposure	Stress  What Causes Stress Overload? Signs of Stress Overload.	
OCT HALF TERM						
<b>HEALTH &amp; WELLBEING PART 2</b>						
1&2	Oral health	Oral health	Staying Healthy Energy drinks Sleep Personal hygiene	Health risks associated with: Smoking Drinking alcohol Drug use	Keeping stress under control.	SLT assembly on key themes
3&4	Managing emotions	Managing emotions	Making the right choices Smoking Drinking alcohol	Health risks and CSE. Different relationships	Stress tips.	
5&6	Body image	Body image	Drug abuse	Sexual health Contraception Teenage pregnancy	The importance of sleep.	
7	Reflection time	Reflection time	Reflection time	Reflection time	Reflection time	
Christmas Holiday						
1 Wk 1	Bullying. Different forms of bullying.	Bullying. Different forms of bullying.	Bullying. Different forms of bullying.	Bullying. Different forms of bullying.	Bullying. Different forms of bullying.	SLT assembly to promote Beamont Bully Busters for all year groups
2						
3 Wk 1	Bullying Who can you go to? Beamont Bully Buster Bullying ot banter?	Bullying Who can you go to? Beamont Bully Buster Bullying ot banter?	Bullying Who can you go to? Beamont Bully Buster Bullying ot banter?	Bullying Who can you go to? Beamont Bully Buster Bullying ot banter?	Bullying Who can you go to? Beamont Bully Buster Bullying ot banter?	
4						
5 Wk1	Discrimination What are the 'isms'? Hetrosexism &homophobia. Using the word 'gay'.	Discrimination What are the 'isms'? Hetrosexism &homophobia. Using the word 'gay'.	Discrimination What are the 'isms'? Hetrosexism &homophobia. Using the word 'gay'.	Discrimination What are the 'isms'? Hetrosexism &homophobia. Using the word 'gay'.	Discrimination What are the 'isms'? Hetrosexism &homophobia. Using the word 'gay'.	PSCE sessions delivered by Respect Me 02/02/16. Year 7&8 body image & bullying. Year 9 SRE and sexting.
Feb Half Term						
<b>BULLYING, EQUALITY &amp; INTERNET SAFETY</b>						
1						
2 Wk 1	SMSC education British Values The Prevent Strategy	SMSC education British Values The Prevent Strategy	SMSC education British Values The Prevent Strategy	SMSC education British Values The Prevent Strategy	SMSC education British Values The Prevent Strategy	SLT assembly to promote British Values for all year groups. <b>Week 21 Monday 22nd February lesson 1 Year 7,8,9 &amp;10 will have a separate PSCE lesson on; religion, belief &amp; race. This will be delivered by class teachers.</b>

3						PSCHE sessions delivered by Warrington Council as part of Risky behaviours programme 03/04 March 2016. Year 10.
4 Wk 1	Prejudice, stereotyping, diversity, discrimination & racism	Prejudice, stereotyping, diversity, discrimination & racism	Prejudice, stereotyping, diversity, discrimination & racism	Prejudice, stereotyping, diversity, discrimination & racism	Prejudice, stereotyping, diversity, discrimination & racism	<b>Week 23 Wednesday 9th March lesson 1 Year 7,8,9 &amp;10 will have a separate PSCHE lesson on the 'isms'. This will be delivered by class teachers.</b>
5						Bully Mentor training for Year 7, 8 and 9 volunteers.
6 Wk 1	Internet safety & CEOP / CSE What not to post online?	Internet safety & CEOP / CSE What not to post online?	Internet safety & CEOP / CSE What not to post online?	Internet safety & CEOP / CSE What not to post online?	Internet safety & CEOP / CSE What not to post online?	<b>Week 25 Thursday 24th March lesson 1 Year 7,8,9 &amp;10 will have a separate PSCHE lesson on; sexual orientation. This will be delivered by class teachers.</b>
7						
Easter						
Half Term						
<b>FINANCE, CAREERS &amp; ASPIRATIONS</b>						
1 Wk 1	Money Matters. The power of money (needs & wants)	Money Matters. The power of money (needs & wants)	Money Matters. The power of money (needs & wants)	Money Matters. The power of money (needs & wants)	Exam preparations	SLT assembly on key themes
2						
3 Wk 1	Money Matters. What is Money and how does the media portray it? Including; Budgeting, loans, finance deals, credit cards, debit, fraud and bankruptcy	Money Matters. What is Money and how does the media portray it? Including; Budgeting, loans, finance deals, credit cards, debit, fraud and bankruptcy	Money Matters. What is Money and how does the media portray it? Including; Budgeting, loans, finance deals, credit cards, debit, fraud and bankruptcy	Money Matters. What is Money and how does the media portray it? Including; Budgeting, loans, finance deals, credit cards, debit, fraud and bankruptcy	Exam preparations	
4					Exam period	
5 Wk 1	Career and aspirations. Job profiles	Career and aspirations. Job profiles	Career and aspirations. Job profiles	Career and aspirations. Job profiles	Exam period	
6					Exam period	
Whit Half Term						
<b>FINANCE, CAREERS &amp; ASPIRATIONS PART 2 AND CREATING INFORMED CITIZENS</b>						
1 Wk 1	Career and aspirations. Skills & attributes	Career and aspirations. Skills & attributes	Career and aspirations. Skills & attributes	Career and aspirations. Skills & attributes	Exam period	SLT assembly & career / aspirations
2					Exam period	
3 Wk 1	Career and aspirations. Personal statements and CV's	Career and aspirations. Personal statements and CV's	Career and aspirations. Personal statements and CV's	Career and aspirations. Personal statements and CV's	Exam period	
4						
5 Wk 1	Career and aspirations. Personal statements and CV's part 2	Career and aspirations. Personal statements and CV's part 2	Career and aspirations. Personal statements and CV's part 2	Career and aspirations. Personal statements and CV's part 2	Exam leave	
6					Exam leave	
7 Wk 1	Creating informed citizens. The world as a global community & the political, economic, environmental & social implications of this and the role of the EU, commonwealth and UN. Central & local government and public services. Characteristics or parliamentary & other forms of government. The electoral system & the importance of voting & resolving conflict	Creating informed citizens The world as a global community & the political, economic, environmental & social implications of this and the role of the EU, commonwealth and UN. Central & local government and public services. Characteristics or parliamentary & other forms of government	Creating informed citizens. The world as a global community & the political, economic, environmental & social implications of this and the role of the EU, commonwealth and UN. Central & local government and public services. Characteristics or parliamentary & other forms of government	Creating informed citizens. The world as a global community & the political, economic, environmental & social implications of this and the role of the EU, commonwealth and UN. Central & local government and public services. Characteristics or parliamentary & other forms of government	Exam leave	
8					Exam leave	
Represent - Employment & aspiration booklets and PIXL edge Week 2						

Year 10	Year 11
<b>Themes taught within RE</b>	<b>Themes taught within RE</b>
SRE	SRE
Teenage pregnancy	Teenage pregnancy
Drugs	Drugs
Mental Health	Mental Health
Stress	Stress
Careers and CV	Careers and CV

WK	Year 7		Year 8		Year 9	All year groups
1	Introduction to PSICHE distribution of resources - rules					
2	Ice Breakers		Ice Breakers		Smoking	Team building
3	Getting to know each other		Getting to know each other		Smoking	Social skills
4	Self portrait / My goals		Self portrait / My goals		Smoking	Self evaluation
5	What is Citizenship?		What is Citizenship?		Smoking	Community cohesion
6	What makes a good Citizen?		What makes a good Citizen?		Smoking	
7	Citizenship code of conduct		Citizenship code of conduct		Smoking	Yr. 9 ONLY Anti-Smoking
Half term holiday						