

Beamont Collegiate Academy Curriculum Map



Year: 11

Subject: Health And Social Care

Intent	Implementation	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Clarity around knowledge	Theme / topic	<p>Component 3</p> <p>AO1 – Demonstrate knowledge and understanding of factors that affect health and wellbeing</p> <p>AO2 – Interpret health indicators</p>	<p>Component 3</p> <p>AO3 – Design a person-centred health and wellbeing improvement plan</p> <p>AO4 – Demonstrate knowledge and understanding of how to overcome obstacles relating to health and wellbeing improvement plans</p>	<p>Component 3</p> <p>Revision/ Exam application</p> <p>AO4 – Demonstrate knowledge and understanding of how to overcome obstacles relating to health and wellbeing improvement plans</p> <p>AO1 AO2 AO3 AO4</p>	<p>Component 2 – Learning aim B</p> <p>Demonstrate care values and review own practice</p> <p>B1 Care values</p>	<p>Component 2 – Learning aim B</p> <p>Demonstrate care values and review own practice</p> <p>B2 Reviewing own application of care values</p>	Course completion
	Key substantive knowledge	<p>How factors can affect health and wellbeing positively or negatively.</p> <ul style="list-style-type: none"> - Physical and lifestyle factors - Social, emotional and cultural factors - Economic factors - Environmental factors - Life Events 	<p>B2 Lifestyle indicators</p> <ul style="list-style-type: none"> • Interpretation of lifestyle data, specifically risks to physical health associated with: <ul style="list-style-type: none"> ○ smoking ○ alcohol consumption ○ inactive lifestyles. <p>C1 Health and wellbeing improvement plans</p>	<p>C2 Obstacles to implementing plans</p> <ul style="list-style-type: none"> - Emotional/psychological lack of motivation, low self-esteem, acceptance of current state - Time constraints – work and family commitments - Availability of resources financial, physical, e.g. equipment - Unachievable targets – unachievable for the individual or unrealistic timescale 	<p>Care values</p> <ul style="list-style-type: none"> - Empowering and promoting independence - Respect for the individual - Maintaining confidentiality - Preserving the dignity - Effective communication - Safeguarding and duty of care 	<p>Key aspects of a review</p> <ul style="list-style-type: none"> - Identifying own strengths and areas for improvement against the care values - Receiving feedback from teacher or service user about own performance - Responding to feedback and identifying ways to improve own performance. 	Course completion

		Physiological indicators <ul style="list-style-type: none"> - Pulse (resting and recovery rate after exercise) - Blood pressure - Peak flow - Body mass index (BMI). 	The importance of a person-centred approach that takes into account an individual's needs, wishes and circumstances. <ul style="list-style-type: none"> o recommended actions to improve health and wellbeing o short-term (less than 6 months) and long-term targets o appropriate sources of support (formal and/or informal). 	<ul style="list-style-type: none"> - lack of support, e.g. from family and friends - ability/disability, addiction barriers to accessing identified services.	<ul style="list-style-type: none"> - Promoting anti-discriminatory 		
	Disciplinary knowledge	4 key areas of development P- Physical I- Intellectual E- Emotional S- Social Health and how it can be measured by indicators	Understanding how lifestyle choices can affect our health both positively and negatively. Health improvement plans with a person centred approach	Barriers to access and achieve goals and how they can be overcome	What care values are and why they are essential when working with vulnerable people	Ability to be self critical Reviewing own performance and identifying how to improve going forward.	Course completion
Clarity around sequencing	Main links across the curriculum	Year 10 Autumn 1 and 2	Year 10 Autumn 1 and 2	Year 10 Summer 1 and 2	Year 10 Summer 1 and 2	Year 10 Summer 1 and 2	Course completion
	Authentic cross curricular links	Physical Education – Physiological Indicators PSHE – Relationships ect	Science- Effects of diet, smoking, drug use, exercise.	PSHE - health and wellbeing Geography- location barriers	PSHE - health and wellbeing	PSHE - health and wellbeing	Course completion
Vocabulary	Key words	Health and Well Being Genetic Inheritance Social Interactions Financial resources	Indicators Interpretation Person Centred Approach Recommended	Obstacles Implementation	Demonstration Reflect	Review Analyse Evaluation Justification	Course completion

		Factors Negative Positive					
Assessment	Summative assessment	Component 3 – External Exam	Component 3 – External Exam	Component 3 – External Exam	Coursework assignment - Component 2 – Learning Aim B.	Coursework assignment - Component 2 – Learning Aim B.	Course completion
Links to the real world / careers / PD		Career Links: Health worker / NHS Childcare Social worker	Career Links: Health worker / NHS Childcare Social worker	Career Links: Health worker / NHS Childcare Social worker	Career Links: Health worker / NHS Childcare Social worker Carer	Career Links: Health worker / NHS Childcare Social worker Carer	Course completion