

## Christmas and New Year Helpline Numbers

**If you urgently need any advice or support during the Christmas period or have any safeguarding concerns please ring MASH on 01925 443322 opt 1 (9:00 - 5:00pm) for MASH out of hours 01925 443322 opt 2**

**First Response Team for aged over 18** is 01925 443322

**Housing Out of hours** - Emergency number for 01925 444400

**Kooth.com** - Online counselling for young people

**LGBT Foundation Helpline** - 0345 3 30 30 30

**Drinkline** - 0300 123 1110 [www.drinkaware.co.uk](http://www.drinkaware.co.uk)

**HOPELineUK** - 0800 068 41 41 (suicide prevention)

**Frank** (national drugs helpline) - 0300 123 66 00 [www.talktofrank.com](http://www.talktofrank.com)

**Samaritans** - 116 123

**Childline** - 0800 1111

**Get connected** - confidential helpline for young people 01873 858811

**The Mix** Under 25s Helpline 0808 808 4994

**Mind** - for better mental health 0300 123 3393, or, text 86463

**Wakefield House** - 01925 666 660

**Pathways** - 01925 415 176

**NSPCC** - 01925 873 000

**Foodbank** - 01925 977 630

**IDVA** - 01925 243n359

**Health visitor** - 01925 946904

**Midwives** - 01925 662 092

**Face Book Pages with free food available** - HapiHub, Free Food Warrington, Neighbourhood Food Larder, Good Neighbourhood WA5, Kings Table Kings Church Warrington, Warrington Community Grocery, Bewsey Community Shop, Helping Hands, Changing Lives CIC.

Warrington Hospital            01925 635911

Women's Aid                    01925 417138

NHS direct (24 helpline)      111

NSPCC                            0808 800 5000

Warrington police            01244 350 000

National Gas Emergency Line  
(gas leaks)                    0800 111 999

St Joseph's family centre    01925 635448

## Websites to keep the Kids Occupied

Barefootcas.org.uk  
BBC bitesize  
Letters-and-sounds.com  
Ictgames.com  
Science kids  
Sciencebob.com  
Stem.org.uk/teaching-science-through-stories  
Primartresources.co.uk  
Teachingideas.co.uk  
Theteacherscorner.net  
Kidzone  
Sparklebox  
Dltk-kids.com  
Bigactivites.com  
Thelittleactivitychest.com  
Bigeyeowl.co.uk  
Ichild.co.uk  
Education.scholastic.co.uk  
Go Noodle  
Just Dance – You tube video  
Jack Hartmann kids music channel – you tube video  
www.cosmickidsyoga.com

## Useful contacts

### Citizens Advice Warrington

Food and pre-payment meter fuel vouchers.

Open: **26 - 29 December** (emergencies only)  
**10am to 12 noon**

Closed: **22 Dec at 1:30pm, 1 Jan**

Phone: **0808 278 7993** if busy or urgent, email  
or visit the Gateway.

Email: [admin@warrington.cabnet.org.uk](mailto:admin@warrington.cabnet.org.uk)

Web: [warrington-advice.co.uk](http://warrington-advice.co.uk)

Address: **the Gateway, 89 Sankey Street, WA1 1SR**

### Warrington Open Door at Christmas (WODAC)

Food parcels, hot meals, warm clothing, activities and support. Transport available.

Open: **25 Dec to 1 Jan 9:30am – 3:30pm**

Phone: **01925 568400**

Email: [hello@wodac.org.uk](mailto:hello@wodac.org.uk)

Web: [wodac.org.uk](http://wodac.org.uk)

Address: **St Johns Church, Wilderspool Causeway, WA4 6QE**

### Food network Christmas map

Community food help, open over the festive period.

Web: [warringtonva.org.uk/warrington-food-network](http://warringtonva.org.uk/warrington-food-network)

### Happy? Ok? Sad?

Mental health resources

Web: [happyoksad.org.uk](http://happyoksad.org.uk)

### Warrington Foodbank Main Hub

Food parcels for people who are struggling.

Vouchers needed from Citizens Advice, GPs, Warrington Wellbeing. Call us how to get a voucher.

Open: **till 22, 27 to 29 Dec, 2 Jan**

Closed: **23 - 26, 30 - 31 Dec, 1 Jan**

Visit the website or call for opening times.

Phone: **01925 977630**

Email: [info@warrington.foodbank.org.uk](mailto:info@warrington.foodbank.org.uk)

Web: [warrington.foodbank.org.uk](http://warrington.foodbank.org.uk)

Address: **Unit 2 Tanning Court (behind DFS, Riverside Retail), WA1 2HF**

### Community Shop Bewsey

Community Shop for affordable food, must be on means-tested benefit to become a member.

Open: **till 23, 27 - 30 Dec, 2 Jan**

Closed: **24 - 26, 31 Dec, 1 Jan**

Phone: **01925 940833**

Web: [companyshopgroup.co.uk/company-shop/](http://companyshopgroup.co.uk/company-shop/)

Address: **8 Bewsey Park Close, Bewsey, WA5 0AN**

### Warrington Youth Zone

Open: **Over Christmas and New Year**

Closed: **25 - 26, 31 Dec, 1st Jan**

Phone: **01925 977277**

Visit: [warringtonyouthzone.org/young-people/sessions](http://warringtonyouthzone.org/young-people/sessions)

### Warrington Disability Partnership

Energy Saving Support - Advice on all energy matters, energy saving tips, financial support, grants, home visits. Community Café with Lunch Clubs. Credit Union.

Phone: **01925 240064**

Email: [E.houghton@disabilitypartnership.org.uk](mailto:E.houghton@disabilitypartnership.org.uk)

Web: [disabilitypartnership.org.uk](http://disabilitypartnership.org.uk)

Address: **Centre for Independent Living, Evelyn Street, Warrington, WA5 1BA**

### Holiday Activity and Food

For children on means-tested Free School Meals, a free nutritious meal and fun activities in the school holidays. For places and dates, sign up online.

Visit: [warrington.gov.uk/haf](http://warrington.gov.uk/haf)

### Unify credit union

Phone: **01942 245656**

Web: [unifycu.org](http://unifycu.org)

### Money Helper

Web: [moneyhelper.org.uk](http://moneyhelper.org.uk)

### Money Saving Expert

Web: [moneysavingexpert.com](http://moneysavingexpert.com)

### Money and debt advice

Web: [warrington.gov.uk/debt](http://warrington.gov.uk/debt)

### Samaritans 24-7 Helpline

Phone: **116 123**